



# RockvilleReports

SEPTEMBER 2013 • VOL. 59 #7

• A MONTHLY NEWSLETTER FOR THE RESIDENTS OF THE CITY OF ROCKVILLE •

## Traveling Voter Drive to Reach Residents

*City Van to Travel Around Rockville for Voter Registration Marathon Sept. 7*

The City of Rockville's Human Rights Commission will host a one-day voter registration marathon throughout Rockville on Saturday, Sept. 7. The marathon is intended to encourage residents to get involved in their community and increase voter turnout at this November's City election.

A decorated City van will travel to six locations to provide residents an opportunity to register to vote. Stops will include:

- Thomas Farm Community Center, 700 Falls Grove Dr.,



9:30-11 a.m.

- Intersection of College Parkway and Rutgers Street behind College Gardens Shopping Center, 11:30 a.m.-1 p.m.

- Great Wall Supermarket, 700 Hungerford Dr., 1:30-3 p.m.
- Twinbrook Shopping Center, 2210 Viers Mill Rd., 3:30-5 p.m. (near CVS)
- East Montgomery Avenue, 100 block, (sidewalk close to the Regal Theater), 5:30-7 p.m.

Another voter registration stop is planned for Sept. 18 at Montgomery College Rockville Campus, 51 Mannakee St., noon-2 p.m.

Election Day is Tuesday, Nov. 5 and polls will be open 7 a.m.-8 p.m. See story on page 2 for more information. ✚

## Matching Grant Program Available to Neighborhood Organizations

Neighborhood organizations within the City can apply for monetary assistance from Rockville's Organizing Communities and Neighborhoods (ROC-N) Matching Grant Program.

The program was established to support and empower neighborhood associations and to encourage active citizen participation. Organizations may apply for a matching grant to support projects, actions and initiatives within their community.

The program is built upon the premise that people who live and work in a neighborhood are its most valuable resource to identify the needs of the community, make improvements or devise solutions to problems.

Qualified neighborhood organizations are eligible for up to \$1,000 annually and must provide a match (cash or in-kind) equal to the grant amount requested.

Projects will be evaluated and selected by a committee of City of Rockville staff based on the following criteria: community involvement, neighborhood match, project readiness and tangible neighborhood benefit.

Projects must address one or more of the following objectives:

- acquisition of technology or supplies that directly support an existing community program
- address a specific community need

- neighborhood crime prevention
- neighborhood outreach and organizing
- neighborhood planning
- neighborhood preservation
- social events aimed at fostering a sense of community pride.

Applications are accepted twice a year, with due dates of Oct. 15 and April 15. Applicants are encouraged to apply as early as possible during each fiscal year, since funding is limited.

For more information on the program or how to apply, contact Rocio Snowdy, neighborhood resources coordinator, at 240-314-8345 or [rsnowdy@rockvillemd.gov](mailto:rsnowdy@rockvillemd.gov). ✚

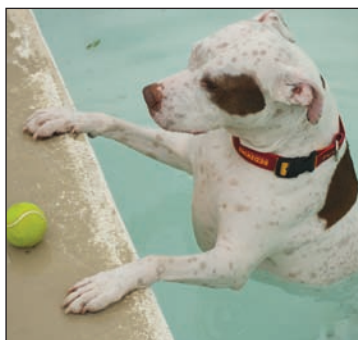
## Treat Your Pooch to Some Pool Play

Rockville celebrates pets with Doggie Dip Day at the Swim Center. After the summer swimming season ends. Treat your pooch to a party in the pool Saturday, Sept. 14, noon-4 p.m. at the Rockville Swim and Fitness Center, 355 Martins Ln.

The event will go on rain or

shine and costs \$5 per dog. All dogs must have proof of registration and rabies vaccination. For more information on how to get your Rockville dog registered, visit [www.rockvillemd.gov](http://www.rockvillemd.gov) and search "animal control."

For more information on this event, visit [www.rockvillemd.gov](http://www.rockvillemd.gov). ✚



"Public Service" by David Hess is located at the City's maintenance facility.

## New Sculpture Celebrates Rockville Public Service

The latest installment of Rockville's Art in Public Places can be found just outside the City's newly modernized and expanded maintenance facility off of Gude Drive. The new stainless steel sculpture by artist David Hess represents the dedicated work of the City's Department of Public Works and Recreation and Parks Department. Keeping the theme of "Public Service" in mind, the artwork suggests an heroic image of the facility's trucks that serve the people of Rockville. ✚

## City Hall to Close for Labor Day

*Recycling, Refuse Collection Shifts One Day*

Rockville City Hall will be closed Monday, Sept. 2 in observance of Labor Day. Most Rockville facilities and programs will not operate Sept. 2. Parking fees at City-owned meters will be suspended for the day.

Recycling, yard waste and refuse collection will be delayed by one day for all homes. Friday collection will be made on Saturday. For more information, residents may call 240-314-8568 or go to [www.rockvillemd.gov/recycling-refuse](http://www.rockvillemd.gov/recycling-refuse).

The Rockville Swim and Fitness Center will be open. The indoor north pool will be open noon to 8 p.m. while the indoor south pool will be closed. The outdoor recreation pool, the outdoor fitness pool and the fitness room will be open noon-9 p.m.

The following Rockville facilities and programs will be closed on Labor Day: City Hall; F. Scott Fitzgerald Theatre and box office; Croydon Creek Nature Center; Rockville Civic Center Park offices, including Glenview Mansion and the Glenview Mansion Art Gallery. The Lincoln Park, Twinbrook and Thomas Farm community centers and the Rockville Senior Center will also be closed for the day.

For more information about closings, go to [www.rockvillemd.gov](http://www.rockvillemd.gov) or call 240-314-5000. ✚

## INSIDE:

**Pull-out  
Rockville's  
FY 2013  
Annual  
Report**



## Get Into It...

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*Learn how to be a part of the Ethics Commission.*

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*A new option for teens will keep them moving.*

MAYOR & COUNCIL  
111 Maryland Ave.  
Rockville, Maryland  
20850-2364

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## MEETINGS & DROP IN SCHEDULE

All general sessions, work sessions and public hearings are televised on Rockville Channel 11 and are available on streaming video at [www.rockvillemd.gov](http://www.rockvillemd.gov). Residents may comment on any subject for up to three minutes during the "Citizens Forum" portion at most meetings. Meetings are at 7 p.m. and are subject to change.

- **Sept. 9** (Monday) • **Sept. 30** (Monday)
- **Sept. 16** (Monday)

The Mayor and one Councilmember are available to meet with residents for drop-in discussions from 5:30-6:30 p.m. one Monday per month in the Mayor and Council office at City Hall. No appointment is necessary, but a call to the City Clerk's Office at 240-314-8280 is appreciated. Along with **Mayor Marcuccio**, the councilmember scheduled is: **Mark Pierzchala** on **Sept. 9**.

# Mayor & Council

City of Rockville Elected Officials (Two-Year Term from November 2011 to November 2013)



Mayor  
Phyllis Marcuccio



Councilmember  
John F. Hall, Jr.



Councilmember  
Tom Moore



Councilmember  
Bridget Donnell Newton



Councilmember  
Mark Pierzchala

## IN BRIEF

### City Seeks Volunteers for Ethics Commission

*Make a Difference in Your Community*

Rockville has established an ethics commission as part of the revision to its ethics ordinance as required by state law. The commission will consist of five members.

The duty of the commission is to advise the Mayor and Council regarding ethical matters, including the review of the current ethics code and related documents and to administer the provisions and requirements of the ethics code as it pertains to processing complaints alleging violations.

Those interested in serving on the ethics commission may express their interest by contacting the City Clerk's Office at 240-314-8280. See page 3 for other vacancies.

### Salute Nonprofits at the Rockville Farmers Market

*Rockville to Hold 8th Annual Salute to Nonprofits on Sept. 21*

The City of Rockville, in partnership with the Rockville Human Services Advisory Commission, will host the eighth annual Salute to Rockville Nonprofits on Saturday, Sept. 21.

The event, held at the Rockville Farmers Market, provides residents the chance to learn about many of the local nonprofit agencies working in the community. Students working to fulfill their school's student service learning requirements will have the chance to talk with local nonprofits about volunteer opportunities.

The list of nonprofits who will be participating is still growing, and will feature a wide scope of agencies that work with children and families, the elderly, food banks, libraries, community clinics, animal shelters, local music, arts and science and robotics.

Residents can become familiar with the work of these nonprofits while shopping at the farmers market. Featured at the market will be locally grown apples, pears, pumpkins, turnips and potatoes. Locally produced cheeses, breads, pastries and coffee will also be available.

The farmers market and the Salute to Nonprofits will be held from 9 a.m. to 1 p.m. at the corner of East Jefferson (Route 28) and Monroe streets, in the jury parking lot.

## Candidate Filing Deadline Nears for 2013 Election

*Take Part in Your City's Future*

Rockville voters will head to the polls on Nov. 5 to vote for the five seats occupied by the Mayor and Council. Rockville residents interested in running for the offices of Mayor or City Council must file by 5 p.m. on Friday, Sept. 6.

City elections are held every two years at which time the Mayor and Council seats are up for election.

Candidates must be at least 18 and be a registered voter who has lived in the city for at least one year before the election. They must submit a petition with signatures of at least 100 registered voters who live in the Rockville city limits.

Residents interested in running for the mayor or a council seat may obtain a copy of the Candidate Election Information Packet in the City Clerk's Office at City Hall, 111 Maryland Ave., or online at [www.rockvillemd.gov/election13](http://www.rockvillemd.gov/election13).

### Election Day Details

The City's election ordinance allows for same-day voter registration on Election Day. To register

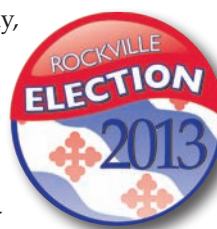
on Tuesday, Nov. 5, residents should go to City Hall; those residents must then also vote at City Hall.

Rockville will provide transportation to the polls for seniors on Election Day. Seniors living in private homes can request transportation assistance to the polls. Call the Senior Services Office at 240-314-8810 to reserve a ride. The deadline to reserve a ride is Friday, Nov. 1.

Those interested in serving as an Election Judge are encouraged to call 240-314-8286 for more information.

### Other Important Election Dates:

- **Friday, Sept. 20** – Candidate Orientation
- **Monday, Oct. 7** – Close of voter registration; absentee ballots available
- **Friday, Oct. 11** – Sample ballot mailed to all registered voters
- **Tuesday, Oct. 29** – Last day for City to mail absentee ballots ❖



## New Tax Credit Available to Green Commercial Buildings

The City has launched a new tax credit that is available to existing commercial buildings that pay City of Rockville real property taxes.

The credit creates a financial incentive for owners of existing commercial buildings to invest in green practices. It was recommended by the Rockville Chamber of Commerce and the Rockville Environment Commission.

The Mayor and Council appropriated \$60,000 in the fiscal year 2014 budget for the credit. Existing commercial buildings eligible for the tax credit include offices, retail and service establishments, hotels and multifamily residential structures with four or more stories.

Buildings must demonstrate improved performance in areas such as energy efficiency, renewable energy, water conservation, stormwater management, alternative transportation, sustainable purchasing, green cleaning, waste reduction and recycling.

A building is eligible for the tax credit after it achieves third-party certification through the Green Building Certification Institute and the U.S. Environmental Protection Agency's (EPA)

ENERGY STAR program. The Green Building Certification Institute must certify that the building meets at least silver certification in the Leadership in Energy and Environmental Design for Existing Buildings: Operations and Maintenance (LEED-EBOM) rating system, on or after July 1, 2012. The building must also achieve ENERGY STAR certification through EPA and annually benchmark energy performance.

The tax credits are processed as a refund on the building's property tax and are now available on a first-come, first-serve basis, while funds remain available. The tax credit is envisioned to be a five-year pilot, with approval of final tax credit applications to end in the fifth year.

The new tax credit benefits commercial property owners and supports green businesses and jobs. For more information on tax credit requirements and how to apply, visit [www.rockvillemd.gov/green-taxcredit](http://www.rockvillemd.gov/green-taxcredit) or contact Erica Shingara at 240-314-8872 or [eshingara@rockvillemd.gov](mailto:eshingara@rockvillemd.gov). ❖

## Rockville Police Implement "Street Smart" Campaign

As part of a regional pedestrian safety initiative, the Rockville City Police Department will be using the "Street Smart" campaign to encourage better driving, pedestrian and bicycling safety behavior this fall.

Police are focusing on the areas around Richard Montgomery High School, Jefferson Street near the courthouses, the Twinbrook

and Rockville Metro stations and Town Center.

Keep these tips in mind when traveling by car, bike or on foot:

### Drivers

- Look twice for people in crosswalks and yield to pedestrians and bicyclists.
- If parked on the street, look for cyclists and cars before opening your door.

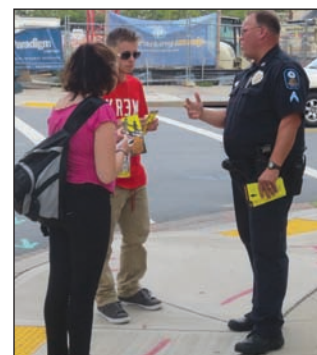
### Pedestrians

- Watch for turning vehicles; before crossing, look left, right and left again.
- Make it easy for drivers to see you with light clothing or something reflective.

### Bicyclists

- Obey all traffic signs and traffic signals.
- Ride in the direction of traffic with at least a car door's width away from parked cars.

For more information, visit [www.rockvillemd.gov/police](http://www.rockvillemd.gov/police) or [www.rockvillemd.gov/smartsteps](http://www.rockvillemd.gov/smartsteps). ❖



Rockville City Police Officer Norman Paul discussed safety with these pedestrians in Town Center as part of the Police Department's outreach efforts.

## KEEP OUR CITY LITTER FREE

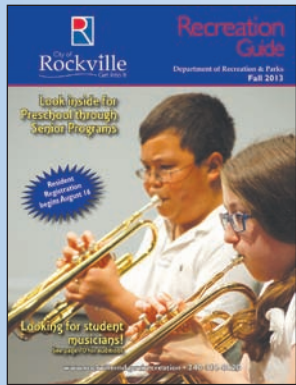


[WWW.ROCKVILLEMd.GOV/](http://WWW.ROCKVILLEMd.GOV/)  
RECYCLING-REFUSE



## FACILITIES ADDRESSES AND PHONE NUMBERS

- **Glenview Mansion Art Gallery** **GM**, Rockville Civic Center Park, 603 Edmonston Drive
- **F. Scott Fitzgerald Theatre** **FSF**, Rockville Civic Center Park, 603 Edmonston Drive
- **Croydon Creek Nature Center** **CC**, Rockville Civic Center Park, 852 Avery Road. Note: Registration required, register online at [www.rockvillemd.gov](http://www.rockvillemd.gov) or call 240-314-8770.
- **Rockville Senior Center** **SR**, 1150 Carnation Drive. Call 240-314-8800.
- **Rockville City Hall** **CH**, 111 Maryland Ave. Call 240-314-5000.



Rockville offers a variety of classes and programs each season. Find something that interests you at [www.rockvillemd.gov](http://www.rockvillemd.gov) and click on recreation registration on the right side.

## September

- 3,10,17,24 Rockville Family Bike Ride** Meet at King Farm Farmstead Park at 6:30 p.m. for a one-hour family ride through the neighborhoods. Riders under 12 are welcome if accompanied by parent.
- 4,11,18,25 Wednesday Farmers Market** Enjoy fall produce and more at Rockville's Farmers Market from 11 a.m. to 2 p.m. along East Montgomery Avenue. Learn more at [www.rockvillemd.gov/farmers](http://www.rockvillemd.gov/farmers).
- 4 All Day Exercise** Visitors 60 and older can try a new

# September Calendar

R = Residents • NR = Non Residents • MEM = Member • NM = Non Member

exercise class to change up your fitness routine and preview classes that will be offered this fall from 10 a.m. to 2 p.m. at the Senior Center. Also take part in free fitness evaluations, body composition and blood pressure tests in the center's fitness room. Light snacks provided. **SR**

**6 Pajama Jam and Movie Night** Grades one through five are invited to a movie night at the Lincoln Park Community Ctr., 357 Frederick Ave., from 7 to 9 p.m. Dress in your comfy pajamas and bring a sleeping bag along with your friends and family! Popcorn and refreshments will be sold. Register for course #44867; \$3 R/\$5 NR

**7,14,21,28 Saturday Farmers Market** Stop by the corner of Route 28 and Monroe Street from 9 a.m. to 1 p.m. (Salute to Nonprofits on the 21st). Learn more at [www.rockvillemd.gov/farmers](http://www.rockvillemd.gov/farmers).

**8-Oct. 1 Glenview Mansion Art Exhibit** A month of photography is in store for this month's free art exhibit. The exhibit will feature the works of photographers Jasmine Shwufen Lee, C. Clem and the "SharedVision" of Coriolana Simon and Doug Wolters. Meet the artists at the opening reception on Sunday, Sept. 8, from 1:30 to 3:30 p.m. Go to [www.rockvillemd.gov/arts](http://www.rockvillemd.gov/arts) for more information. **GM**

**8 Sunday Afternoon Concert Series** Stop by Glenview Mansion for the monthly concert series at 2 p.m. Enjoy a performance from Barbara Martin, an accomplished jazz vocalist. **GM**



**8,14,21 Green Your Backyard Workshops** Learn how to go green in your own backyard at one of three free information sessions. Join us Sept. 8 at Croydon Creek Nature Center from 1:30 to 3 p.m.; Sept. 14 at the Twinbrook Comm. Rec. Ctr. from 9:30 to 11 a.m.; and Sept. 21 at the Rockville Senior Center from 9 to 10:30 a.m. See page 4.

**9 Rockville Chorus Auditions** Think you can carry a tune? Then audition for the Rockville Chorus. Contact Julie Farrell to schedule a time at 240-314-8682 or [jfarrell@rockvillemd.gov](mailto:jfarrell@rockvillemd.gov).

**10 Concert Under the Stars** Dance the night away and enjoy tunes played by the Rockville Swing Band from 7 to 8:30 p.m. at this event brought to you by the Rockville Senior Commission. To register, call 240-314-8810. **SR**

**14 Doggie Dip Day** Treat your four-legged friend to an afternoon splash at the Rockville Swim and Fitness Center, 355 Martins Ln., from noon to 4 p.m. For more information call 240-314-8650 or see page 1.

**15 Ride the Rockville Bike Beltway** Meet at Wootton High School at 10 a.m. to bike Rockville's signature trail. The Carl Henn Millennium Trail is a 10.6 mile loop around Rockville; rain at start cancels ride, wet pavement does not.

**17 Flu Shot Clinic** The clinic runs from 10 a.m. to 1 p.m. Regular and high dose flu shots and the pneumonia vaccine will be available. Please bring Medicare and insurance cards. Prices for Medicare without Part B are \$25 for regular flu shot, \$35 high dose and \$35 pneumonia vaccine. This clinic is only open to Senior Center members, but another clinic will be held in October that is open to everyone. For more information, call 240-314-8803. **SR**

**17,18 Rockville Regional Youth Orchestra (RRYO) Auditions** Student musicians in

grades four through nine are invited to audition for the orchestra. RRYO plays under the direction of Bryan Seith. To schedule an audition, contact Julie Farrell at 240-314-8682 or [jfarrell@rockvillemd.gov](mailto:jfarrell@rockvillemd.gov).

**18 Balance and Falls** In celebration of Balance Awareness Week, Stacey Buckner, PT, DPT, will present a lecture on balance and fall prevention from 1 to 2:30 p.m. Additionally, she will also perform individual balance screenings for class participants. Call 240-314-8810 to register. FREE. **SR**

**19 Youth Workshop on Human Rights** Sponsored by the Rockville Human Rights Commission and the Rockville Peace Academy, the workshop begins at 7 p.m. at City Hall, 111 Maryland Ave. No registration is required. For more information, contact Janet Kelly at [jkelly@rockvillemd.gov](mailto:jkelly@rockvillemd.gov).

**20 Late Night Archery Tag** Archery Tag is hitting the scene at Thomas Farm Community Center, 700 Falls Grove Dr., from 7 to 10 p.m. This is a high-energy and fast-paced event with foam-tipped arrows and protective gear. All equipment is provided; refreshments will be sold. Register for course #44507; cost is \$7 R/\$10 NR. Fee at the door is \$10 R / \$15 NR, beginning at 6:30 p.m.

**21 Cooking Workshop with the Asian Pacific American Task Force** Attend this demonstration as a local chef shows how to make an authentic Asian dish at 3 p.m. in the Blossom Room. A history of the dish will also be presented. Space is limited and early registration is encouraged. Contact Janet Kelly for more information or to sign up at [jkelly@rockvillemd.gov](mailto:jkelly@rockvillemd.gov). **SR**

**24 Nature Tots – Beavers** Spend time with your child (ages 2-5) discovering the wonders of nature from 10 to 11:30 a.m. A naturalist will help you explore

this month's topic—beavers—through nature play, crafts, stories and hikes. Dress for the weather. Adult participation is required. Register for course #44794; cost is \$8 R/\$10 NR. **CC**

**27-Oct. 6 The Nerd by Larry Shue presented by Rockville Little Theatre** This side-splitting comedy centers on the hilarious dilemma of a young architect who is visited by the man who saved his life in Vietnam, who turns out to be an incredibly inept nerd who overstates his welcome with a vengeance. Performance times are Sept. 27, 28 and Oct. 5 at 8 p.m.; Sept. 29 and Oct. 6 at 2 p.m. Tickets are \$16 for students and seniors 62 and up; \$18 for adults. Learn more at [www.rockvillemd.gov/theatre](http://www.rockvillemd.gov/theatre). **FSF**

**28 Fall Night Hike and Campfire** Enjoy a twilight hike through the woods from 7 to 8 p.m. with a naturalist as you discover the sights and sounds of the forest preserve after dark. Bring a flashlight. Open to all ages, register for course #44802; cost is \$5 R/\$6 NR. **CC**

## Boards and Commissions

Meetings are held at City Hall, 111 Maryland Ave., unless otherwise noted.

**4 Rockville Bike Advisory Committee** 7 p.m. Meets the first Wednesday of each month.

**5 Environment Commission** 7:30 p.m. Meets the first Thursday of each month.

**10 Human Services Advisory Committee** 7:30 p.m. Meets the second Tuesday of the month.

**11,25 Planning Commission** 7 p.m. Meets the second and fourth Wednesday of the month. Meetings are televised live on Rockville 11.

For the most up-to-date event listings visit [www.rockvillemd.gov](http://www.rockvillemd.gov) and click on "Events."

**14 Board of Appeals** 9 a.m. Meets the second Saturday of the month. Meetings are televised live on Rockville 11.

**17 Rockville Seniors Inc.** 1 p.m. Meets the third Tuesday of each month. Meetings are held at the Rockville Senior Center, 1150 Carnation Dr.

**18 Rockville Housing Enterprises** Meets the third Wednesday of each month at 6:30 p.m. Meetings are held at 621-A Southlawn Ln.

**19 Historic District Commission** 7:30 p.m. Meets the third Thursday of the month. Meetings are televised live on Rockville 11.

**19 Senior Citizens Commission** 1 p.m. Meets the third Thursday of the month. Meetings are held at the Rockville Senior Center, 1150 Carnation Dr.

**24 Traffic and Transportation Commission** 7:30 p.m. Meets the fourth Tuesday of each month.

**25 Human Rights Commission** 7:30 p.m. Meets the fourth Wednesday of each month.

**25 Sign Review Board Meeting** starts at 9 a.m.

## Vacancies

To learn more about any board or commission, call the City Clerk's Office at 240-314-8280 or go to [www.rockvillemd.gov](http://www.rockvillemd.gov). The City is seeking applicants for:

- Board of Appeals (1)
- Environment Commission (1 student rep) (2)
- Ethics Commission (5)
- Human Services Advisory Commission (1)
- Human Rights Commission (1)
- Landlord Tenant Affairs Comm. (2)
- Retirement Board (1)
- Rockville Economic Development Inc. (REDI) (9)
- Rockville Seniors Inc. (1)
- Senior Citizens Comm. (2)
- Traffic and Transportation Commission (1)

FOR MOST UP-TO-DATE EVENT LISTING VISIT [WWW.ROCKVILLEMD.GOV](http://WWW.ROCKVILLEMD.GOV)

## City's Ash Trees Face Threat of Non-Native Pests

### Boring Insect Does Damage

The emerald ash borer (EAB) is a pest native to Asia and has spread to Rockville after being first detected in Michigan in 2002.

The beetle burrows in the tree system and makes "galleries" that deplete the tree of nutrients, eventually causing the death of the tree.

Here's how residents can help. First, determine if you own ash trees. Ash trees have opposite branching, with leaflets as opposed to one single leaf.

Residents are asked to inspect their ash trees for symptoms of infestation, including dying shoots or branches on the upper third of the tree, D-shaped

exit holes and the distinct serpentine-shaped tunnels beneath the bark.

EAB adults are dark metallic green, one-half-inch in length.

If you suspect a tree has been infested by EAB, contact a licensed tree professional or call the City's Parks and Facilities Division at 240-314-8700 to de-

cide the best course of action. To learn more about trees in Rockville, visit

[www.rockvillemd.gov/trees](http://www.rockvillemd.gov/trees). More information on EAB is available at [www.emeraldashborer.info](http://www.emeraldashborer.info).



LEARN MORE ON CHANNEL 11

Watch online: [www.youtube.com/cityofrockville](http://www.youtube.com/cityofrockville).



**Emerald Ash Borers (inset) made serpentine-shaped tunnels beneath the bark of this ash tree.**



"So we beat on, boats against the current, borne back ceaselessly into the past."  
— The Great Gatsby

[www.montgomerycollege.edu/fsfitzgeraldconference](http://www.montgomerycollege.edu/fsfitzgeraldconference)

## SAVE THE DATE F. Scott Fitzgerald Literary Festival

October 26 • Rockville, Maryland

Honoree: Robert Olen Butler

Readings | Workshops | Discussions | Awards | Book Signings





## Rockville Offers New 'Teens on the Move' Program

Program Combines Fun and Fitness to Encourage Health and Wellness for Teens

Rockville is kicking off a new membership program for the 2013-2014 school year called Teens on the Move.

Students in grades 6 through 10 can pay an annual membership fee of \$15 for residents or \$20 for non-residents, with additional fees for special events and trips. Once a member, teens may register to participate in after-school and evening fitness classes held at community centers around the City for free.

Classes include swimming, Zumba, boxing, core fitness, circuit training, karate, yoga, speed agility quickness and more. Fitness programs will be supervised by a certified fitness trainer and programs can be individualized to members' health and wellness goals.

As an official Let's Move! city, Rockville has exemplified a commitment to health and wellness of its young residents.

Let's Move! is an initiative that was launched by first lady Michelle Obama in 2010 and is dedicated to solving the problem of obesity within a generation. The Rockville Teen Programs staff are dedicated to promoting an active, healthy lifestyle among Rockville's youth.

To learn more about Rockville's Teen Programs, go to [www.rockvillemd.gov/teens](http://www.rockvillemd.gov/teens).

## Nominate a Good Neighbor for 2013

Do you know a family member, friend or neighbor who helps to enhance your neighborhood? Maybe they have performed a good deed or provided a service that you feel deserves recognition. You can honor them with a nomination for Rockville's Good Neighbor Award.

The award recognizes the ongoing efforts of Rockville residents who are making exceptional contributions to improve the quality of life in their neighborhoods, often without seeking or receiving recognition for their service. Nominees are sought in two divisions: adult and youth.

- The nominee must be a resident of the City of Rockville.
- The nominee must not be employed by the City of Rockville.
- The nominee must have made a significant contribution to their community during the current year.

The deadline for submissions is Oct. 1. For more information, contact Rocio Snowdy at [rsnowdy@rockvillemd.gov](mailto:rsnowdy@rockvillemd.gov) or 240-314-8345.

## Rockville Rewards Program to Host Kick-Off Day

Discounted Rewards Cards Available on Sept. 12

Rockville Rewards will host a kick-off day on Saturday, Sept. 12 which will feature a special discount on Rockville Rewards cards. Nonprofits will be paired with partner businesses and will be onsite to sell Rockville Rewards cards to the public.

By purchasing a Rockville Rewards card, you can support local businesses, access unlimited discounts, and help raise money for local charities, schools and nonprofit organizations.

Cards will be sold by 23 nonprofits, valid for discounts at more than 100 businesses. All of the proceeds from the card go to the nonprofit you choose.

Cards are already a bargain at \$25, but from 11 a.m. to 2 p.m. on kick-off day, you can buy a card for just \$15. Cards may be used as soon as they are purchased and are valid through Aug. 31, 2014.

For a complete list of participating vendors or to purchase a card online via PayPal, visit [www.rockvillerewards.com](http://www.rockvillerewards.com).

# Neighborhood Notes

## Meet Your Neighbor: Jean Brady

*Meet Your Neighbor is a regular feature in Rockville Reports and on Channel 11 designed to highlight the unique individuals that make our community a special place. To suggest someone for a future episode and article, email [meetyourneighbor@rockvillemd.gov](mailto:meetyourneighbor@rockvillemd.gov).*

As an active swimmer and volunteer in the community, Jean Brady goes for the gold.

Brady became a member of the Rockville swimming pool in 1969. While swimming has always been an important part of her life, it was not until recently that she began to swim competitively.

In 2009, she started competing at 75 years old in the National Senior Games and has earned 16 medals since then. For Brady, staying active is more than just a hobby; it's a way of life.



**Avid swimmer Jean Brady has earned 16 medals in the National Senior Games.**

"If I can do a mile, five times a week, that's a good goal," she says. "Staying active when you're older is so important for your health and swimming is something you can do with the least damage to your body and you know it's just a great exercise."

While Brady takes home the gold for her swimming, she has also made her mark through her volunteer work. She

was a longtime activist in local housing, elderly services and other pressing social issues.

Through her volunteer work, Brady was the catalyst behind Victory Housing Inc.'s opening in the early 1980s.

She also helped raise money for Raphael House

and Mary's House in Rockville.

Brady's commitment to volunteering stems back to when she was younger:

"I always had this sense of trying to make life equal for people," she

remarks. "I've been very fortunate in life and I think you should share your blessings."

Watch this month's Meet Your Neighbor segment on channel 11 or on the City's

YouTube channel online. 🍀



**LEARN MORE ON CHANNEL 11**

Watch online: [www.youtube.com/cityofrockville](http://www.youtube.com/cityofrockville).

## Environmental Happenings in the City

### Your Guide to Going Green in Rockville

#### RainScapes Rewards

Rockville's RainScapes Rewards Program is designed to help residential owners improve stormwater runoff conditions on their property. Financial rewards are granted to residential properties for the installation of rain barrels or conservation landscaping, and Rockville residents are eligible to win a rain barrel. Free RainScapes Rewards information sessions on how to "Green Your Backyard" will be held on three dates:

- Croydon Creek Nature Center - Sunday, Sept. 8, 1:30 to 3 p.m.
- Twinbrook Community Center - Saturday, Sept. 14, 9:30 to 11 a.m.
- Rockville Senior Center - Saturday, Sept. 21, 9 to 10:30 a.m.

Topics will include rain barrels, conservation landscaping, tree planting and other environmental tips for your home and community. The sessions are open on a first-come, first-served basis and registration is required. To register, call the RainScapes coordinator



**Students learned about rain barrels at the nature center.**

at 240-314-8877 or send an email to [rainscapes@rockvillemd.gov](mailto:rainscapes@rockvillemd.gov).

#### Proper Swimming Pool Drainage Procedure

Correctly draining your backyard pool helps to maintain the health of local streams and avoid code infractions.

Before draining your pool for the season, let the

pool water stand for five days without adding chlorine. This allows the chlorine to dissipate so it will not harm aquatic life in our streams. When draining the pool, let the water run slowly over your lawn.

Do not place the hose directly in front of the storm drain inlet. This slow release over the ground reduces the volume of water coming out of the pool at one time, reducing the risk of erosion.

#### Environment Commission Seeks Student Member

The Environment Commission is a nine-member body of Rockville residents with backgrounds in science, the environment and education, and it includes a student member. The commission works to recommend policies and programs relating to the environment and sustainability.

Interested students should contact the City Clerk's Office at 240-314-8280 for more information. 🍀



Scan this QR code with your smartphone to visit the City of Rockville's website. If you don't already have a QR code reader on your phone, there are plenty of free apps you can download. When you have an app installed, point your phone's camera at the code and the website will appear in your phone's web browser.



#### Get Into It

**Mayor**

PHYLLIS MARCUCCIO

**Councilmembers**

JOHN F. HALL, JR.

TOM MOORE

BRIDGET DONNELL NEWTON

MARK PIERZCHALA

**City Manager:** Barbara B. Matthews

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